



**Name: Natasha Tuletta-Bowman, PhDs, SMIM, MBA, BA, NYLC, CCPS
RP (Qualifying), Certified Solution Focused Brief Therapist**

Educational Degrees, Certificates:

- Doctorate in Business Administration w/Combined Concentration – International Finance and Economics, International Human Resources Management, International Marketing and Research, and Organizational Leadership and Psychology, University of Phoenix, 2011
- Specialization in Masters of International Management (SMIM), Nova Southeastern University, 2004
- Master in Business Administration (MBA), Nova Southeastern University, 2002
- Bachelors of Arts in Administration with Concentrations in Banking & International Finance and Psychology, w/honours, Sojourner-Douglass College, 2000
- Associate of Science in Business Administration and Banking; and Finance; w/honours, Success Training College, 1997
- National Youth Leaders' Certification (NYLC) - Concentration in: Social Work, Child and Youth Management, Advocacy, and Professional Counselling, Bahamas Ministry of Youth, Sports & Culture, August 2017
- Master of Arts in Counselling Psychology Candidate, Yorkville University (May 2020 – Present)
- Solution-Focused Brief Therapy-Diamond Level 3 Certification, Solution Focused Universe, 2021 - Present
- Solution-Focused Brief Therapy-Diamond Level 2 Certification, Solution Focused Universe, May, 2021
- Solution Focused Brief Therapy-Diamond Level 1 Certification, Solution Focused Universe, Feb, 2021
- Certificate Program in Gentle Persuasive Approach (GPA) in Dementia Care: Supporting Persons with Responsive Behaviours, Advanced Gerontological Education (AGE), 2021
- Certificate Program in Palliative Care (LEAP), Pallium Canada, 2021
- Advanced Training in Elder Abuse, Naomi Family Resources Centre, 2021
- Government of Canada, Certificate Program in Harassment, Sexual Harassment, Workplace Violence and Discrimination, 2020
- Certificate Program in Trauma Strategies for Resolving the Impact of Post-Traumatic Stress Training, Crisis Trauma Resource Institute, 2020
- Certificate Program in Mental Illness – Working with Co-occurring Disorders, Crisis Trauma Resource Institute, 2020
- Certificate Program in Advanced Domestic Violence and Sexual Assault, National Institute of Crime Prevention USA, 2019
- Certificate Course in Nonviolent Crisis Intervention Training, Algonquin College, 2019
- Certificate Course in Applied Suicide Intervention Skills Training (ASIST), Distress Centre of Ottawa and Region, 2019
- Certificate Course in Mental Health First Aid, Mental Health Commission of Canada, 2019

Psychotherapy Orientation:

- Biopsychosocial therapy
- Psychodynamics
- Acceptance and Commitment Therapy
- Somatic Therapy
- Cognitive Behavioural Therapy
- Dialectical Behavioural Therapy
- Premarital and Marriage Counselling
- Group Counselling
- Trauma Focused Counselling
- Existential Therapy
- Adlerian therapy
- Trauma Focused Cognitive Behaviour Therapy

Teaching and supervising from 2000:

- The Impact of Trauma, Mental Health, and Addictions
- Client centred Therapy
- Individual, Family, and Group counselling
- Post-Traumatic Stress Disorder (PTSD)
- Conflict Resolution
- Anger management
- Mediation
- Anxiety and Stress management

Certification:

- Solution-Focused Brief Therapy-Diamond Level 3 Certification, Solution Focused University, 2021 - Present
- Solution-Focused Brief Therapy-Diamond Level 2 Certification, Solution Focused University, May 2021
- Solution Focused Brief Therapy-Diamond Level 1 Certification, Solution Focused University, Feb 2021
- National Youth Leaders' Certification (NYLC) - Concentration in: Social Work, Child and Youth Management, Advocacy, and Professional Counselling, Bahamas Ministry of Youth, Sports & Culture, August 2017
- Certification Program, Crime Specialist: Crime Prevention (CCPS), Pan American Development Foundation (PADF)/USA, 2013

Professional Affiliations:

- Canadian Counselling and Psychotherapy Association, Student Membership, # 11246456
- Ontario Society of Registered Psychotherapists of Ontario, RP Qualifying # 67317850 – Member in good standing, Board Director, and Executive Committee Member, 2023-2024
- Crisis Trauma Resource Institute, Canada
- Solution Focused University, USA
- National Institute of Crime Prevention, USA
- Distress Centre of Ottawa and Region

- Mental Health Commission of Canada,
- Pan American Development Foundation, USA
- Bridges out of Poverty
- High Commission for the Commonwealth of the Bahamas to Ottawa, Canada
- Christian Ministers Association of Canada
- Swiss Club, Canada
- Bahamas Attaché Association – Specialized protocol training for working with or/and receiving VIP international guests/individuals
- The Bahamas International NGO Association (TBINA)
- University of Phoenix Alumni Association
- The Bahamas Crisis Centre
- Nova Southeastern University Alumni Association

Organizational Experience:

- Board of directors: past president and vice-president,
- Public Relations and Rebranding (services and products)
- Entrepreneurship and innovation
- Professional counselling
- International consultancy
- Professional Coaching, in person and online: life, business, executive, career, and spiritual coaching
- Teaching in person and online and at all levels (elementary to doctorate) and in diverse environments (school, college, university, private practice, organizations, conferences)
- Criminal Action Taskforce – Public awareness and support for law enforcement
- Decriminalization of youth offenders: minor to moderate offences
- Immigration and acculturation
- Advocated for victims of human trafficking
- Advocated for adult and child victims of domestic violence
- Advocated for victims of rape and sexual assault
- Worked with troubled children and adolescents
- Worked with child and teen runaways
- Breaking the cycle of gang formation and persistence through re-education, positive parenting, community support, and government and nongovernment funding
- Case management
- Executive event planning

Special Interests:

- Local and global professional mental health access for all individuals
- Innovation and directing special projects
- The use of nutrition to promote and restore good mental health
- Mindfulness and appreciation
- Erasing poverty and wealth creation

- Domestic violence, prevention, and education
- Increasing mental health awareness in children, adolescent, and elderly
- Promoting the field of psychotherapy and psychotherapists
- Human rights advocacy
- Ending global poverty
- Mental health funding for new immigrants and marginalized individuals
- Fundraising
- Traveling for business and pleasure
- Photography and videography
- Journaling, reading, and story-telling
- Sport fishing
- Golfing
- Playing games (e.g., board, card, and guessing games)
- Teaching life skills
- Ballroom dancing and teaching Latin dances
- Meeting and working with people from diverse backgrounds and cultures
- Philanthropy