



OSRP Board of Directors Profiles 2022-2023

Name: Khedidja Hmamad RP, CRPO #008866, CCPA #1005181

Educational Degrees, Certificates:

- Bilingual Bachelor Honors Psychology Glendon York University sub-specialization in neuropsychology
- MEd Counselling and Psychology OISE University of Toronto
- Doctorate Candidate Counselling and Psychology OISE University of Toronto (3 year)
- DBT, CBT Certificate, Grief CTRI Certificate

Psychotherapy Orientation:

- CBT, DBT, Narrative and Psychoeducation in neuropsychology
- Integrative
- Existential Therapy
- Psychodynamic
- MBSR

Certifications:

- Registered Psychotherapist, College of Registered Psychotherapists of Ontario # 008866
- Canadian Counselling and Psychotherapy of Canada # 1005181

Teaching Positions:

- Course director Psychology York University Glendon College , undergraduate: Abnormal Psychology, Memory, Psycho Biology
- Supervisor and supervision courses at Hearst University

Professional Publications:

- Kristoffer Romero, Chad Vachon, Stevie Howell, Khedidja Hmamad, Guy Proulx, (2017), Normal Aging, Cardiovascular Risk Factors, and their effects on Variability in Attention: a New Focus , York University, Glendon campus, Toronto, Canada, CAG 2017: Evidence for Action in an Aging World, October 19-21, 2017, Winnipeg, Manitoba http://cagacg.ca/wp-content/uploads/2017/10/CAG2017_AbstractBook.pdf
- Khedidja Hmamad, Fatima Zadra, Emilie Quintin, Lindsay Fitzsimmons, Guy Proulx, (2016) Correlation between two groups, Francophone and Anglophone, in the use of anglophone standards of the neuropsychological battery KBNA (Kaplan Baycrest Neurocognitive Assessment) non submitted
- Individual Studies:
 - The neurobiological impact of psychological trauma, York University, May 2016, GL/PSYC 4100 Analysis of the French version of the Mental and Aging Program on the Improvement of Knowledge, Satisfaction, Memory Functioning and on the Healthy Behaviours and Psychological Wellbeing of the Elderly, Université York - Collège Glendon, Année 2014-2015, GL/PSYC 4000

Professional Affiliations:

- Registered Psychotherapist, College of Registered Psychotherapists of Ontario # 008866
- Canadian Counselling and Psychotherapy Association of Canada # 1005181

Organizational Experience:

- Psychotherapist at the University of Ontario for Francophones

- Workshops in french about Anxiety : children and adults, City Hall of Toronto
- Workshop Moroccan Association: Resilience and adaptation, Résilience et adaptation

Special Interests:

- Acculturative stress and adaptation (Topic of my doctorate thesis)
- Neuropsychology : Vagus nerve and Trauma
- Psychotherapy for all as a prevention for a healthy community and families
- Increasing awareness and understanding of the mental health
- Diving and swimming : a real passion!
- Learning languages